

Pacific Corinthian  
Yacht Club



Pacific Corinthian Yacht Club

# Periplus

July 2017

Vol. XLI Issue 7



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*“The purpose of this Club shall to be to encourage, foster and promote the interest of yachting and related activities involving nautical experience acquired through the love of sport rather than through necessity or the hope of gain.”*

## Contact Us

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## Commodore's Report

The 2017 Commodore's Cup race was held Sunday, June 4th. This race involves the yacht clubs of Ventura Harbor and Channel Islands Harbor and is intended to instill some light-hearted competition among the clubs. I believe a secondary purpose is to possibly instill a little humility in Commodores. One provision of the race is that a Commodore must be at the helm (or tiller) ninety percent of the time with breaks not exceeding five minutes. On the Friday before the race, Bill Schneberg agreed to take me sailing on Selavy for the first time. Bill is a gutsy guy.

On race day, I was joined by the impressive crew consisting of Bill, Tom Quigan and Larry McGrath. We got underway at 0920 to motor to the starting point, the Ventura Harbor entrance buoy. Starting time was noon. When the horn sounded, not much really happened. There was no wind. After thirty minutes, we still could have swum back to the Committee Boat. Nevertheless, all boats continued, moving on at glacial speed to the first mark. Heading downwind my crew hoisted our spinnaker. Not only did we pick up a little speed but we sure looked good!

By this time a couple boats had actually finished and others had announced they were dropping out of the race. I have not yet mentioned that PCYC had another vessel in the race and that was the much more luxurious Rumbylowe with owner Diane Landry on board, Junior Staff Commodore John Praiswater at the helm and crew members Doug Russell and Bill Sutherling. Reportedly, Rumbylowe dropped out of the race due to boredom but I believe they just ran out of caviar and truffles.

As we turned at Wes Mark, the Selavy crew unanimously agreed to persevere to the finish. The last leg was actually quite good. We picked up some wind and had a nice sail back to Ventura. We were certainly unencumbered by any traffic, and arrived at the Ventura YC at 1730 to join the party that had been going on for some time. After sunset Bill and I brought Selavy home. I was at the tiller, the new motor was moving us along at a respectable 4.7 knots in the rolling, following seas, and Bill was all over the place stowing sails, etc. That sailor is a worker. Nearing the PCYC dock Bill took the tiller and in the moonlight deftly glided Selavy into her cozy slip. It was a good day.

See you at the Club.



# Jerry Kaufman - Vice Commodore



## Vice Commodore's Report

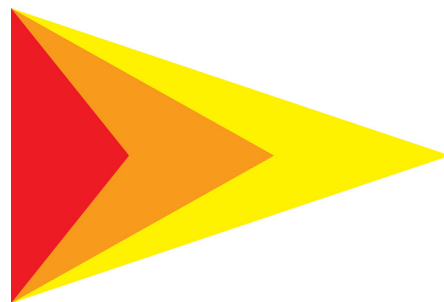
Celebration of Life: Besides being such a welcoming person and so enjoyable to be with, Dottie Skidmore was such a vital force for good for our Club. Dottie was in charge of our dining room remodel project, a project that will have a lasting positive yacht club-like impression for all to enjoy for years to come. Dottie was such a take-charge person overseeing and creating youth activities for our Junior Fleet. When we needed someone to take over the Officer of the Day Committee, Dottie unhesitatingly took over. Dottie was the force behind our Wine Wednesdays, a fun event that many of us looked forward to each month. Also, Dottie was the founder of Birthday/Anniversary nights, Wine Tasting Thursdays and was very involved in Opening day. We were so very lucky to have her and shall so very much miss her. Our very sincere condolences to Jack, Dan, Laura and the rest of the wonderful Skidmore family.

Dining room upgrade: We remain pretty much on schedule for completing the upgrade by the end of June. So by the time you read this, the project should be near completion if not complete. Thanks so much to Cheryl Weber for, in addition to conceiving of the look and feel of our new dining room, she is stepping up and helping to oversee the balance of the project. And thanks to Audrey Keller for agreeing to help us get to the finish line. I find the rich woods and ambient lighting most attractive and am looking forward to seeing how well the abundance of fine insulated fabrics soften the room's volume when we have entertainment and even when there are just a lot of folks chatting.

The Membership Committee is a bustle of activity. On the theory of trying to have a wide variety of events that might interest more members, the Committee just completed an RV campout. A number of families attended and had a great time. As a result they are planning an Island Packers trip for late summer. The Committee is making plans for the Club to participate in the 4th of July parade in the Harbor. In addition, they plan on having the Club host an open house introducing the Club to homeowners, new to the area over the last three years.

Welcome to regular members new to us in June. They are Brett and Debra Bannerman and Gene and Tina Rink. The Bannerman's hail from both Canyon Country and Oxnard. They have two children and are power boaters and enjoy fishing. The Rinks hail from Pacific Palisades and Oxnard. They have two children and enjoy sailing. Also, Mark Grinser of Ventura has decided to give the Club a try as a Dolphin member. Mark has two children. Welcome all.

Our Gearlocker continues to feature their hats. They have SPF protection and chin straps for windy days. The hats have a new design. The design will appear on other gear as the Locker restocks. Please have a look-see. Thank you.



# Skip Harkson - Rear Commodore



## Rear Commodore's Report

July starts summer activities at the Club and we are so fortunate to have so many outdoor Toys for all of us to use. Be sure to take advantage of these fun activities.

We all miss Dottie Skidmore and our hearts go out to Jack. It was a wonderful celebration of life. It also was a moving event with a good deal of laughter and great stories about Dottie!

The next Ladies Who Do Lunch will be August 10th. Incidentally, I am trying to get the Mayor of Oxnard Tim Flynn rescheduled for that LWDL. As always, we need items for the gift baskets.

Unfortunately we did not get enough sign ups for the Port of St Petersburg and we likely will reschedule for later in the year.

Enjoy this wonderful weather and I will see you around the Club!



## Happy July Birthday

2 Shayna Base	7 Jackie Martinez	13 David Wolf	21 Yolanda McCune	27 Jeffrey Sukay
3 Gayle Feinstein	8 Arthur Warschaw	14 Alyssa Daly	23 Robert Snyders	28 Diane Landry
3 Claudio Sandoval	10 Don Lauritzen	15 Helena Soler	24 April Westbrook	28 Trisha Vernon
4 Jo Ann Linder	10 Mary Henry	15 Tommy Kearney	26 Bruno Tonin	28 Ben Golemon
4 Guanda Dusette	10 Angie Alexander	16 Rosemary Tobin	26 William Wolf	29 Judi Roussey
4 William Weber	10 Debbie Simpson	18 Adry Ezcurra	26 Don Hoover	30 Jana Danza
5 Ralph Roussey	10 Nancy Newton	19 Ronald Tegland	27 Eugene Whitt	31 Michael Orlikoff
6 Kathy Raduenz	11 Kym Citera	20 Johanne Berg	27 Tom Shideler	31 Marty Walsh
7 Barbara Wolff	12 Mark Richards	20 Peter Poulson	27 Katie Lemke	

## Happy July Anniversary

1 Tom & Barbara Quigan	8 Robert & Barbara Wolff	17 Ray & Betty Swift	27 Brett & Julie Chapman
1 Jim & Jeanette Pensinger	8 Tommy & Linda Lee	18 James & Mary Baldwin	27 Terry & Charlotte Campbell
1 Tom & Phina Johnston	9 Randy & Teri Rehder	20 Howard & Shirley Tanner	28 Craig & Lisa Eichman
5 Eugene Whitt & Connie Sedacca	11 Michael & Rosemary Tobin	21 Abraham & Christine Eykjian	28 John & Vicky Fase
5 Davey & Melody Donate	12 Bill & Natalie Lajoie	22 Fred & Sandy Garone	31 Richard & Candace Reynolds
7 Frank & Tobi Glaser	16 John & Debbie Simpson	24 Jason & Michelle Burt	
7 Allan & Karla Michaels	17 Robert & Cathy Scott	27 Michael & Elysiann Bishop	



*Happy July Birthday and Anniversary to you! Please cut this coupon and present to either your waiter or bartender for your special celebration House or Well drink during your birthday/anniversary month.*

Name: \_\_\_\_\_ Member #: \_\_\_\_\_

## Brenda Dickmann - In General



Summer is here! It's hard to believe how quickly this year has gone by. The pool is ready, Cutie is ready and so is Selavey.

Safety is always a priority at PCYC. When you are reserving a paddleboard or kayak and you are taking the kids out, please let us know in advance with their ages. We have age requirements and we want you to be safe and sound. 12+ for kayaks and 16+ for Stand up Paddleboards. Anyone under the age of 16 must be accompanied by an adult.

Enjoy the pool; we keep it heated at around 85 degrees for your pleasure. For your information, we do not supply pool towels or sunscreen, we do though, have lockers for you to lock your belongs in - ask for the key at the Front Desk. We also have nice hot showers for after pool use.

Please be respectful of the pool rules and other guests. Remember, no one under the age of 14 shall be allowed in the pool area unless accompanied by a parent or supervising adult member. Bicycles, skateboards, diving, running or boisterous behavior are not permitted. Only paper or plastic glasses and dishes are to be used in the pool area. (Clubhouse rule # 23). Pool rules are located behind the Jacuzzi.

Located in the back of your 2017 Pacific Corinthian Yacht Club Roster you will find a series of tabs, the last tab is named Reciprocals, Bylaws and Clubhouse Rules. Under the Clubhouse Rules you will find the Table of Contents, in this section you will find a wealth of knowledge about your Club. These are all very important guidelines to follow.

We want you to enjoy all the wonderful amenities your club has for you. We print our Calendars each month in the Periplus, our monthly newsletter. We send out emails with all the fun events to take place. If you are not receiving your emails please call the Front Desk so we can add your email address.

Just a reminder on the importance of making advance reservation; it is very important for staffing purposes in the Dining Room, Bar and the Kitchen. Without reservations it is very difficult to gauge just how much food to prepare, hence waste and added costs result.

Our lines are always open, Wednesday through Sunday, for your event reservations. Please take note that when booking reservations for persons other than you, we greatly appreciate a member number and food choice. Also, in order to make the event as enjoyable as possible, we recommend special orders be made at least a week in advance. For clarity and communication purposes, it is best to remember who took your reservations...

### **Member Suggestion Box**

*If you have a suggestion, menu idea, a food allergy, anything you would like to discuss, please drop it off. "The Member Suggestion Box" is located on the left wall near the front desk. You will also see the Account Box for member's monthly statements. Please make sure that you drop your suggestion in the suggestion box and your monthly (stamp free) statement in the Accounting Box.*

Until next time,  
Brenda

## *Wellness Conference Update*

On June 3rd, Dr Gilbert Ross, board certified Rheumatologist, gave a presentation highlighting osteoporosis facts, diagnosis, treatment as well as present research.

Osteoporosis is a silent disease responsible for over 1.3 million fractures annually in the US alone, at an annual cost of 10 billion dollars. There are more than 250,000 hip fractures annually, 50,000 of which result in death within the first year and another 125,000 patients who never fully recover. The estimated 25 million people who suffer from osteoporosis, 5 million of whom are men, by the way, can now seek state of the art DEXA-scan which is fast and exposes the patient to less radiation than a CAT (1/500ths of a CAT and 1/20 th of a chest X ray exposure).

There are several indications for bone density testing that include post-menopausal women or persons of any age with a previous fracture or fracture that occurs in a classic osteoporotic site, namely the vertebrae, wrist, hip or pelvis. Other risk factors for both men and women include alcohol abuse, loss of height, malabsorption syndromes, chronic steroid, chronic antacid or nonsteroidal anti-inflammatory usage.

There are a number of treatments, medications and supplements you can discuss with your doctor to treat osteoporosis, but there's nothing better than nutrition, exercise and good ol' sunshine.

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*It's not too early to start thinking about the 2018 Roster!*

Please submit Roster photos to

**[roman.pcyc@gmail.com](mailto:roman.pcyc@gmail.com)**

# July 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Open House 1:00-4:00 PM  Private Party
2 Breakfast 8:30AM -12:30 PM	3 Special Hours: Club will close at 7:00 PM	4 4th of July Celebration *Club will close after fireworks*	5 Club Closed	6 Club Closed	7 Yoga 8:30AM Book Club 12 PM Bridge 3PM Ice Breakers 5:30-7:00 PM OD: Bill & Casey Schneberg	8 Port of Italy 6:30 PM
9 Breakfast 8:30AM -12:30 PM	10 Club Closed	11 Club Closed	12 Yoga 8:30 AM Private Party Bridge 3:00 PM Wine Wed. 6 PM	13 Membership 5PM Skipper's Meeting 6PM Bridge 7:00 PM Private Party	14 Yoga 8:30AM Bridge 3PM Ice Breakers 5:30-7:00 PM SB Cruise OD: Steve & Laurie Weiss	15 Private Party 12:00 PM  SB Cruise
16 Breakfast 8:30AM -12:30 PM Open House 1-4PM Jazz Club 1-4:30PM SB Cruise	17 Club Closed  SB Cruise	18 Club Closed	19 Yoga 8:30 AM Bridge 3:00 PM House Meeting 5PM	20 Marina 4:30 PM Board 6:00 PM Bridge 7:00 PM	21 Yoga 8:30AM Bridge 3PM Ice Breakers 5:30-7:00 PM OD: TBA	22 Pac Cor Cup #3
23 Breakfast 8:30AM -12:30 PM	24 Club Closed	25 Club Closed	26 Yoga 8:30 AM Bridge 3:00 PM	27 Bridge 7:00 PM  Private Party	28 Yoga 8:30AM Bridge 3PM Ice Breakers 5:30-7:00 PM McNish Taco Bar OD: Rich & Candace Reynolds	29 McNish Classic
30 Breakfast 8:30AM -12:30 PM	31 Club Closed					

# August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Club Closed	2 Yoga 8:30 AM Bridge 3:00 PM Wine Wed. 6PM	3 Book Club 12PM Bridge 7:00 PM	4 Yoga 8:30AM Bridge 3PM Ice Breakers 5:30-7:00 PM OD: Jan & Mike Losey	5 Open House 1:00-4:00 PM  Parent Night 5:00 PM-9:00PM
6 Breakfast 8:30AM -12:30 PM	7 Club Closed	8 Club Closed	9 Yoga 8:30 AM Bridge 2:30 PM  PCYF Banquet 6:00 PM	10 Membership 5PM Bridge 7:00 PM	11 Yoga 8:30AM Bridge 3PM Ice Breakers 5:30-7:00 PM OD: TBA	12
13 Breakfast 8:30AM -12:30 PM	14 Club Closed	15 Club Closed	16 Yoga 8:30 AM Bridge 3:00 PM House Meeting 5PM	17 Marina 4:30 PM Board 6:00 PM Bridge 7:00 PM Skipper's Meeting 6:00PM	18 Yoga 8:30AM Bridge 3PM Ice Breakers 5:30-7:00 PM Catalina Cruise OD: John & Mary Praiswater	19 Private Party  Catalina Cruise
20 Jazz Club 1-4 PM Open House 1:00PM - 4:00 PM Breakfast 8:30Am - 12:30 PM	21 Club Closed	22 Club Closed	23 Yoga 8:30 AM Bridge 3:00 PM	24 Private Party 12PM Bridge 7:00 PM	25 Yoga 8:30AM Bridge 3PM Ice Breakers 5:30-7:00 PM Quarterly Meeting	26
27 TGIS Fall #1  Breakfast 8:30AM -12:30 PM	28 Club Closed	29 Club Closed	30 Yoga 8:30 AM Bridge 3:00 PM	31 Bridge 7:00 PM		



**4TH OF JULY**  
**TUESDAY, JULY 4, 2017**  
**FOOD SERVICE FROM**  
**11:30AM - 7:00PM**

**CLUB OPEN AT 9:00 AM**  
**PLEASE COME AND ENJOY THE POOL**

**BBQ SPECIALS AVAILABLE**  
**11:30AM TO 7:00 PM**

**DRINK SERVICE ONLY FROM 7:00PM**

**PLEASE NOTE THE CLUB WILL BE CLOSED**  
**WEDNESDAY, JULY 5TH, 2017 &**  
**THURSDAY, JULY 6TH, 2017**

**RESERVATIONS**  
**805-985-7292**

# Upcoming Events

A graphic for a wine event featuring a wine glass filled with red wine, two wine bottles (one white, one red), and two corks on a textured, light-colored background.

*Wine Wednesday*  
*Wednesday, July 12th*  
*6:00 PM*  
*\$2 Corkage*  
*Reservations*  
*805-985-7292*

A graphic for a sailboat race event featuring a sailboat on the water with people on deck, a bright sun in the sky, and dolphins leaping from the water.

*PCYC's*  
*McNish Classic*  
*Sailboat Race*

<i>July 28th</i>	<i>July 29th</i>	<i>July 30th</i>
<i>Taco Kickoff</i>	<i>McNish Race</i>	<i>McNish Breakfast</i>
<i>In Bill's Bar</i>		

## PCYC Members' Notable Achievements



*PCYC Member William Weber's commitment to public safety crossed the 50 year mark, so the LAPD honored him with a rare 50 year service pin-true dedication to L.A. Only 4 officers have ever reached the 50 year mark.*



*PCYC Member Marc Charney was recognized as the Distinguished Citizen of the Year by the Ventura County Star. The newspaper went on to say that he is, "Active in community business organizations, he has served as a director and past president and lifetime director of the Oxnard Chamber of Commerce and has also been involved with the Ventura County Economic Development Association, Oxnard Economic Development Corp. UC Santa Barbara Economic Forecast Project and California Lutheran University Center for Economic Research and Forecasting."*

VENTURA COUNTY  
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# Del Rey Cruise 2017



# Kevin Dickmann - Fleet Captain Sail



With summer ready to start, most of you are planning your boating weekends including trips to other harbors with your PCYC boating family. Knowing a good trip on the water requires planning, I would like to ask you to consider helping the Racing sailing program with some of their races this year, as we do our planning. Below is a list of the races and our race committee's needs. You will also be part of the race committee, which is fun and something new to learn.

## Saturday July 22nd, 2017 – PacCor #3 – Windward/ Leeward

- A committee boat
- A chase boat to set buoys (marks for the race course)

*We will spend the day anchored at Mandalay buoy as the starting and finishing line. The chase boat will set several marks into the wind and downwind from the starting line. If the wind shifts much we will adjust the locations of the marks. We plan to get three races in, then head home to CI*

*Harbor and Bill's Bar.*

## Saturday July 29th, 2017 – The 40th McNish Classic

- A committee boat

*The committee boat will anchor out about ½ miles south of the CI Harbor entrance for the start. The first start is at noon and the last start is around 1330. Then move to the entrance behind the detach break water for the finish line. Afterwards return to Bill's bar for Dinner.*

- Photo boats

Please reach out to me by email or a phone call (805) 312-7319 for question or more details.

Thank you for helping PCYC's sailing program .

Kevin/17

Fleet Sail Captain



*PCYC's Camping Group's Trip Over Memorial Day Weekend*

# Summer Slam 2017 Fishing Tournament



**The Summer Slam 2017 is here!**  
**June 1st thru June 15th 2017 fish caught,**  
**turned in,**  
**and placed on our**  
**PCYC Summer Slam Leader Board:**



*Austin Haase 36" Halibut,  
caught aboard "Tight Riv" on 6.3.17*



*Brian Haase 39.5" Halibut,  
caught aboard "Tight Riv" on 6.3.17*



*Gina Haase 36.5" White Sea Bass,  
caught aboard "Tight Riv" on 6.3.17*



*Austin Haase 42.5" White Sea Bass,  
caught aboard "Tight Riv" on 6.8.17*



*Mike Haase 41" White Sea Bass,  
caught aboard "Tight Riv" on 6.3.17*



*Nathan Hansen 28" Ling Cod,  
caught aboard "Milk Made" on 6.7.17*

We look forward to seeing all of your measured and submitted fish! Please do not hesitate to e-mail or call at any time should you have any questions.

Warm regards,

Mike & Gina Haase, "Tight Riv" c: 805.432.3006, e-mail:mike@westcoast-air.com

Phil & Adrienne Peck, "Bonza" c: 805.512.3733, e-mail: adrienneWT@gmail.com

[www.pcy.org](http://www.pcy.org)



2600 South Harbor Blvd.  
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Check out the new and  
improved PCYC website!

***WWW.PCYC.ORG***