

Pacific Corinthian Yacht Club

 *Periplus*

May 2021

Vol. XLV Issue III



# OPENING DAY 2021



# IN THIS ISSUE...

Commodore .....	3
Vice Commodore .....	4
Food & Beverage .....	4
Rear Commodore.....	5
Sailing on Board Sélavy .....	6
Electric Boat .....	6
Membership Report .....	7
PCYF Report.....	8
New Member Interviews .....	9
Summer Slam 2021 .....	11
Birthday/Anniversary .....	12
Health Notes .....	13
Opening Day 2021.....	14
Limited Time Membership Info .....	15

## Meaning of Periplus

The word periplus stems from Greek, meaning 'journey' and also means a circumnavigation or sea voyage around a coastline. The use of a periplus, or journal, dates back to the second century and was a document listing in order, the ports and coastal landmarks, with approximate intervening distances, that the captain of a vessel could expect to find along a shore. In that sense the periplus was a type of log, similar to the modern day ship's log.

We use the term for our Club newsletter since it is the documentation of our travels at the Club and offshore and provides a historical record for us to reminisce and share with others. It is our shared and unique history as club members.

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## Pacific Corinthian Yacht Club

### Executive Officers

Commodore .....	Jack Skidmore
Vice Commodore .....	Ilene Sheldon
Rear Commodore .....	Jack Schuler
Secretary .....	Martha Baskerville
Treasurer .....	Robert Alexander
Jr. Staff Commodore.....	John Gaddis

### Directors

Robert Alexander, Martha Baskerville, Connie Sedacca, Adry Ezcurra, Ron Dreher, David Romano, Barbara Quigan, Bob Dalby, Patti McInnes

### Flag Officers

Fleet Captain .....	Bob Dalby
Fleet Captain Power .....	Gene Vernon
Fleet Captain Sail .....	Connie Sedacca

Fleet Captain Electric .....	Karen Lorenzen
Fleet Captain Capri Fleet .....	Bill Schneburg
Port Captain .....	Al Lorenzen
Judge Advocate .....	Craig Laidig
Fleet Health Advocate .....	Jan Losey
PCYF President .....	Tom Shideler

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Periplus Staff:  
Martha Baskerville, John Gaddis  
Website..... [www.pcyc.org](http://www.pcyc.org).



## Commodore - Jack Skidmore

*born2lend@yahoo.com*



PCYC's Opening Day on April 11 was a success, highlighted by a spectacular Boat Parade with the local Harbor Yacht Clubs. Many thanks to the members who beautifully decorated their boats and the members who celebrated the fanfare by wearing the traditional Yachting Attire. For those who watch our local news, you may have seen yourselves on KEYT Channel 3 thanks to news reporter Tracy Lehr.

The boat decorations for the parade were our PCYC colors but also could be traditional Yachting flags. Before we had radio communication, Morse code, walkie-talkies, smart phones we had FLAGS. There was not a lot of time to communicate by spelling out a phrase or plea, so the flags had several purposes. The INTERNATIONAL MARITIME SIGNAL FLAGS AND PENNANTS had dual meanings.

Here are some examples: The flag which looks like a white square next to a blue letter K is the first letter "A" or Alpha and represents a warning that means to all approaching boats: "I have a diver down keep well clear at slow speed".



Another Flag looks like a blue box covered by a white X meaning "My vessel is stopped". This may be used in races where the marker is missing and that all boats should go around the boat bearing the flag.



There are more than 26 Flags representing not only the alphabet and their meanings, but additional Flags that identify numbers. The flags that represent numerals are shaped more like a triangle and range from zero to nine. More information on the Flags and their meaning can be found at VISPRONET on the internet.

The Flags for our Bridge officers and Flag officers are frequently seen on the Flag Pole or on the dining room tables. These can include Commodore, Vice Commodore, Rear Commodore, and Staff Commodores.

There are several others, including but not limited to: Race Committee, Treasurer, Fleet Captain, Fleet Captain Sail, Fleet Captain Power, Fleet Captain Electric, Fleet Captain Fishing, Secretary and Judge Advocate.

The flags represent the many officers and volunteers that make our Club function, but are by no means a complete list of the many members that may not have a Flag to identify their support of the Club.



**Vice Commodore - Ilene Sheldon**

*ims@hmplc.com*

Spring is here and the weather has been beautiful. It was nice to see so many of you in person at our Opening Day celebration.

Unfortunately, the original bid for the upper deck didn't work out so the House Committee has been busy obtaining new bids for redoing the upper deck. We will keep updating you on the progress.

The Food and Beverage Committee has been doing a great job with the daily specials, updating our limited menu and adding healthy choices during this time. When we can fully reopen, the committee is looking forward to bringing back our full menu.

Since we are able to have more members coming in to dine, we are trying to slowly get back to "normal" (whatever that means today) within the Covid guidelines and protocols. We would like to once again have our Friday night Officers of the Day but we need your help. It's a fun way to meet and greet your fellow club members, see old friends and make some new friends. If you would like to volunteer, please contact me at (818)259-1113. I hope to hear from you.

See you at the Club!

Ilene

**Food and Beverage Committee**

Chairperson: Kate Thompson

Committee Members: S/C Karen Lorenzen, Dir. Barbara Quigan, Casey Schneberg, and Doris Melillo, assisted by General Manager Don Meyers, and Chef Raphael.

Over the last few months, your Food and Beverage Committee has been working with Chef Raphael to expand our current Club menu. Some of the new additions include: Ahi Poke Bowl Salad, Ahi Commodore Sandwich, and Pasta Primavera, along with new desserts from a local vendor. As we continue to open up indoors, we will be adding new weekly specials and eventually we will return to a full menu.

We have also been working on food event ideas such as: Cheese and Wine Pairings; Happy Hour Specials; Thirsty Thursdays; and Sunday Champagne Brunch just to name a few.

We would like to remind you:

1. Your reservations are necessary in order for the General Manager to properly staff our servers.
2. When dining, be sure to let your server know of any food allergies and preferences as most dishes can be adjusted to your needs.
3. We would love to hear from you. You can fill out a 'comment card' that can be found at the front desk.

We look forward to seeing you at the Club.... Bon Appétit



## **Rear Commodore - Jack Schuler**

*jackschuler@aol.com*

One tradition common to almost all yacht clubs is Opening Day. Some of our newer members have asked "What is opening day?" "What is the tradition?" and "Why all the fuss?" The answers to these questions go back to the origins of the yachting in the United States.

The first American yacht, named Cleopatra's Barge, was recognized in 1816 and was certainly a yacht. She was an 83 footer, had a 23 foot beam, and was used exclusively for pleasure in both the United States and Europe. Several yacht clubs were started in the United States during the 1820s and 1830s, but none remained in operation. In the afternoon of July 30, 1840, 9 men gathered in the main cabin of the schooner Gimcrac and formed the New York Yacht Club with John C. Stevens as Commodore. The first clubhouse



was established at Elysian Field. In 1868 the New York Yacht Club had grown to 22 members, moved to Clifton, Staten Island, and also established city quarters on Madison Avenue and 27<sup>th</sup> St. In January 1901 the land for a permanent clubhouse on Fifth Avenue and 44<sup>th</sup> St. was donated by Yacht Club Traditions.

The establishment of other yacht clubs followed, but these clubs were all established on the northeast coast where yachting was seasonable primarily because the harbors were seasonally frozen over with ice. Opening Day historically was an event marked with great tradition and ceremony culminating with a proclamation from the Commodores of the various yacht clubs that "The harbor is free of ice".

In Southern California we are blessed with nearly year-round seasonable sailing and harbors free of ice with the exception of the ice from the occasionally spilled gin and tonic. Nevertheless, we honor and celebrate these traditions as a part of the national yachting community.

The traditional Opening Day Yachting Attire for Men is white slacks, white dress shirt, a navy blue PCYC tie, and a navy blue blazer (single or double-breasted) with devices worn above the left breast pocket. The Club Bullion is worn on the left breast pocket (Bullion is available for purchase at the Club Gear Locker). Name tags are worn on the right side. Ladies traditional attire includes a white blouse, a navy blazer, and traditional white trousers or skirts.



## **Director - Bill Schneberg**

### **SAILING ON BOARD SÉLAVY**

Many club members may have observed, from the upstairs deck, the sailboat that sits on the west side of the guest dock. The boat is a Capri 26 named Sélavy, and is PCYC owned.

Sélavy is available for use to any PCYC member; you simply have to be checked out on her, and she is yours for the day!

Sélavy was donated to PCYC by a non-member, more than 12 years ago. I cannot find anyone who remembers the name of the individual but I am told it was in "rough" condition at the time of the donation. Through the efforts of members Doug Russell, Rick Eberst, and Virgil Landry, it was put in ship shape in terms of seaworthiness and aesthetics. About 7 years ago, through the generous donation of a PCYC member, Sélavy was outfitted with new sails, including a Spinnaker. In 2017, the board authorized the purchase of a new motor and a budget for routine maintenance, and in 2018 the board authorized the purchase of a 155 racing Genoa Jib and new winches to support the new sail.

A Capri 26 is a boat intended for the "youthful family sailor". I like to refer to it as a day sailor with a head. It is light weight, but has a fin keel, so it is quite stable. I find it an extremely forgiving boat to sail; at more than 30 degrees of heel it simply turns into the wind. Above all, it is a lot of fun to take out and spend the day sailing the harbor, or up the coast towards Ventura.

Sélavy was built by Catalina Yachts at their Canoga Park factory in 1991 and is a "Valley Girl." Without the support of the current and past boards, we who use Sélavy could not have her in the shape she currently is in, nevertheless her maintenance is largely a volunteer effort by the members.

Having access to Sélavy is a great amenity to being a member of PCYC; she is available any day the club is open, and not reserved. If you know how to sail, get checked out and enjoy Sélavy for the day. Sélavy

### **Electric Boat – SC Karen Lorenzen**

The Electric Boat Committee has met and is planning some events that will be loads of fun and showcase our beautiful boats. The committee has firmed up some plans and will announce via club notices the dates and times after the club opens up 100 percent.

It was wonderful to see us out for both the Blessing of the Fleet and Opening Day. We came very close to having an equal number of electric boats and powerboats. Way to go!

When you see the electric boat flag flying on our flagpole look for a committee member if you have questions or suggestions about our upcoming events. All of us on the committee have history with electric boat events in the past at our club, or other clubs in Southern California.

SC Karen Lorenzen (Fleet Captain Electric)  
Gail Barrette, Linda Allen, Anita Peterson



## Membership Chair - S/C Patty McInnes

### MEMBERSHIP REPORT

Our newest Limited Time Membership Offer is a reduced initiation fee of \$1200 to be offered until May 31st. As we continue to open up for more dining and plan for more on-the-water and social activities, our initiation fee is increasing. Let your friends and neighbors know about this reduced price and have them call 985-PCYC for an appointment to tour the Club.

We extend a special acknowledgment to our General Manager Don Meyers and Assistant Manager Micki Spoon for all their work in conducting tours of the Club and signing up new members. In the past, the Membership Committee held weekend Open Houses to welcome prospective new members. In our restricted environment, they have been the ones to introduce our Club, explain future activities and been instrumental in enrolling our new members.

WELCOME to all the new members who have joined our Club under our promotions since this year:

Sandy Greenland, Janet Goodwin , Peter and Tatiana Hopps, Richard Vasquez, Daniel and Kelli Heffernan, Louise and Bill Ries, Effie Anastassiou, Kristina & Chad Brewer, Ann Howarth. Jill and Rob Harrison, Craig and Stacie Murphy, Roger and Eileen Hayne, Rebecca Shreve & Neil Slavin, Sean & Houshik Karagoz, PJ Christoni, Charlie Caro, Craig & Gail Grabell, Dan & Cynthia Guinnip, Colby and Tracy McFadden, Nellie Alaya, Sabrina Stephenson and Sandra Steele, Penny & Benjamin Fogel, Steve Blumefeld & Mona Wittman, Gordon and Deena Huckestein, Robert & Joan Barnes, Scott Bernstein, Douglas & Juliana Wilson, Brett Hawse and Chaunda Rio, Jim & Cindy Hawse, Joe & Karen Susie Brazas, John Bath & Michelle Horton, Leslie Hannaford-Ball, Harold & Angela Edwards and Cindy Meyers

Happy Birthday to our members with May & June Birthdays and Happy Anniversary to our May anniversary couples. We have a list of all those members celebrating their birthdays and anniversaries on another page in this issue.

We also have self-interviews from our newest members in this issue. So far we have had 34 new members submit these interviews.

### THE GEAR LOCKER

First of all, we'd like to welcome all the new members who have recently joined our PCYC Yacht Club!!

In case you haven't discovered it yet, please stop by and browse through our items in the Gear Locker, our "Ship's Store"! And the same applies to all of our "old" members...it's probably been a while since you've perused the Gear Locker. You'll find quite a variety of merchandise in that little space! We carry a selection of outerwear, shirts and hats with our PCYC logo. Those items include PCYC logo belts, ties and hats. Our miscellaneous gear ranges from lanyards, dog leashes and collars to bar glasses, etc.

So, as much as we've tried to describe our store to you, we cannot do it justice here. You'll just have to see for yourselves! Please do stop by and support the Gear Locker!

Your Gear Locker team,  
Laurie Weiss and Monica Shideler





## **Pacific Corinthian Youth Foundation - Tom Sheidler**

*shideler1@gmail.com*

We are pleased to report that applications are now being accepted for the 2021 Summer Sailing Program. We have been working with Channel Islands Harbor Patrol to determine what health guidelines might be in effect in mid-June. We have the advantage that our program is all outside and most of our sailboats are handled by one student.

Please go to our website at [www.pcyfsailing.org](http://www.pcyfsailing.org) for more information. The four two-week sessions will start on June 14, June 28, July 12 and July 26. The fee for a student participating in a two-week session remains at \$425. The number of scholarships available this year from the CA Department of Boating and Waterways has been greatly reduced. If you know of a potential student who cannot participate because of financial circumstances, here is the opportunity to give a young person between the ages of eight and eighteen a skill that will last a lifetime.

Sea Scout Ship 9201 continues to do well. They are on the water once a month with either sailboats or power craft. We have a solid core of scouts and supporting parents. Two scouts are working on their Quartermaster Ratings that are the equivalent to Eagle Scout in BSA.



**Wednesday 2:30pm - Ladies Bridge**  
**Contact Laurie Weiss (805) 218-7226**

**Thursday 6:30pm - Advanced Bridge**  
**Contact Marsha Landreth (805) 889-0054**

**Friday 3:00pm - Newer Players' Bridge**  
**Contact Angela Switzky (818) 929-3457**

*Angela and Bill Switzky welcome players who have not been active in the game for some time and would like to begin playing again. They're available to help during the game.*

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## NEW MEMBER INTERVIEWS

Edited by S/C Patty McInnes and photos coordinated by Micki Spoon

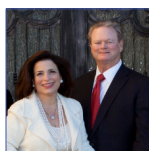
*Welcome to more of our newest members. Thank each of you for sending a brief self-introduction in response to my email request. It is special to have each one in your own voice. On behalf of all our members, we look forward to meeting you at the Club in person.*



### **CRAIG AND TRACY ADAMS**

We are Craig and Tracy Adams and we live in Somis. Tracy was born and raised in Oxnard growing up near Silver Strand Beach. Craig is from Montana and a California resident since 1965. We have three children: Nicole (& husband Allan), Brian and Scott (& wife Ellen) and 3 granddaughters, Shea, Kaitlyn and Olivia. We have a family owned business, Cal Coast Motorsports, in Ventura for the last 42 years and are still very much enjoying it.

We boat mainly in the Pacific Northwest to Alaska to circumnavigating Vancouver Island on our 55' Fleming Tracy Anne. Prior to that we cruised from San Francisco to the Sea of Cortez to Manzanillo in our previous 42' Grandbanks and made the same trip from Ventura on our Fleming. We have kept Tracy Anne in Sidney BC permanently since 2014. In the summer of 2020 we purchased a Back Cove 37' Osprey since Canada's border restrictions meant we could not get to the Tracy Anne. We keep Osprey at the PC Marina and are excited to be members of PCYC!



### **ROSEMARY & JIM ALLISON**

We live in Santa Rosa Valley and we have another home in Lake Tahoe. Locally, we enjoy cruising our Duffy around the harbor with friends. My husband, Jim, also loves to go fly fishing. We have 5 children, some older, some younger. Our daughter Cristina is a dentist in Newbury Park. Our son, Joe Markiewicz, is married with his first child on the way. He is a Realtor in this area. Our daughter Jennifer lives in Arizona and is the mother of our two granddaughters. Jaime is married and lives in San Francisco and has four beautiful children. And our son, Jeff, lives in Sacramento. I work as a Realtor in this area. We look forward to meeting new friends near our harbor home.



### **AARON STRAUSSNER AND JULIE SHERMAN**

Hello! Aaron and I are so happy to be living in the harbor. We have met so many wonderful people already. We recently bought this house as our second home (but it's really hard to leave!). We love walking to the beach, entertaining our family and friends at PCYC and boating. You probably have seen us in our new Duffy, I'm the one dancing on the outside deck! We are looking forward to meeting the Club members soon

### **JANET AND PHIL SHUMAN**

Janet and I are relatively new to Oxnard, having bought our house in 2020, and we love it here. We enjoy kayaking, bike riding, our Duffy boat, and of course the beach. Our friends Matt and Jane Epstein have been here for years and we thank them for introducing us to Oxnard. We're both still working full time, and live in Studio City, which we're happy is only an hour away. We have two adult children who we hope will be frequent visitors. We look forward to lots of fun times, food and drink at PCYC.

### **RICHARD VASQUEZ**

I have lived in Port Hueneme for 14 years and own a 21' Bayliner and a 15.5 Boston Whaler Montauk. I am an avid fisherman and have fished around Catalina and the Channel islands including the Santa Rosa /Santa Cruz gap in my Whaler. For eight years, I have been an active member of United States Coast Guard auxiliary flotilla 7 4 Channel Islands Maritime. As a licensed Journeyman Wireman, I perform emergency electrical response for the City of Los Angeles Traffic Signal Systems, including heavy rail, bus systems and commuter train systems. Special thanks to Shirley and Henry Goldman for your sponsorship. I am looking forward to all the Club activities, especially boating and fishing tournaments.

### **EFFIE ANASTASSIOU**

In late 2019, Jeffery moved to Oxnard for work and we rented a home in Silver Strand beach. One day we rented Sea Doos in the Oxnard harbor and we were hooked. We bought twin turbo charged RXPX 300s in July 2020, and since then, we have taken our two Sea Doos up and down the coast (going as far north as Morro Bay and as far south as Long Beach), and even went from Long Beach to Catalina and return and navigated around the island.

Next we needed a permanent home for the Sea Doos, so I bought a house on Greencastle Court, right across the Channel from the PCYC. We are in the process of remodeling the dock and the house, and there will certainly be more watercraft that will reside in the home port. I am looking forward to being a member of PCYC for the dining and to make new friends. Jeffery and I also love to golf and I also represent Corral de Tierra Country Club in team play on the Monterey Peninsula. I am also a full-time agricultural business attorney, with my main office in Salinas, California, and two ports of call in Pismo Beach and Oxnard.

### **CHAD & KRISTINA BREWER**

Hello fellow members! We are Chad and Kristina Brewer, and we live in Silver Strand beach. We are excited to join the yacht club so we can enjoy dining with friends and family. We also enjoy the beach, camping and traveling. Looking forward to meeting all of you!

**JIM & CATHY PERRY**

Ahoy fellow PCYC members! We are Jim and Cathy Perry and we're very happy to be part of your nautical family. As fairly recent retirees (Jim from aerospace and Cathy from education), we are blessed to have homes both in Big Bear and also here at The Colony at Mandalay Beach. We absolutely love both areas. At PCYC we're looking forward to meeting other members, gathering with friends, enjoying fine meals and having fun on the water. We previously owned a small cruiser sailboat for over 20 years, though currently our fleet consists (only) of some kayaks and a small dinghy. Thus, we plan to enjoy using the Club's vessels. Essentially, we love everything nautical as do our two adult sons, Jason and Ryan, and their families including our two wonderful young grandchildren.

**ED AND KRISTINE BOCTOR**

We are Ed and Kristine Boctor. We moved to the Harbour Island Condominium Complex in October of 2018, so we are still fairly new up here. We are looking very much forward to spending some quality time at the Club meeting up with family and good friends and get a chance to meet other Club members. We have been coming to the Club frequently during the Pandemic, having lunch outside on the deck and enjoying the amazing view. We can't wait for the Pandemic to be over, so we can start to participate in Club activities and take part in future events. We have a little Duffy boat that we enjoy cruising around the harbor.

**LANCE AND NINA HOLT**

We are Lance and Nina Holt, and recently purchased a home in Westport, which was a return to the harbor for us. We owned a home and two boats in 2015 when we had a second home in Seabridge. At that time we enjoyed our membership at PCYC. Our main home is in Thousand Oaks, which we have owned for 38 years, and until recently, owned a ranch/vineyard on the central coast. We are so happy to be here, enjoying our kayaks, paddle boards, and Duffy boat! We are both retired, have 2 children, and 2 grandchildren. We also enjoy traveling, both alone and with friends. Looking forward to meeting new friends at PCYC, and sharing stories and adventures in the future!

**BRIAN AND MARIE HAASE**

We are Brian and Marie Haase and our home is in Ojai, but we spend a lot of time down in the harbor with family, also Club members, Mike and Gina Haase (aka Gramps and Gigi). Brian is the President of the family business, West Coast Air Conditioning. Marie is a busy stay-at-home Mom. We have two sons Carson, age 16.5 and Austin, age 14. Carson is a sophomore at Villanova Preparatory School and Austin is an 8th grader at Ojai Valley School. We are looking forward to enjoying the Club for family occasions, meeting new members and participating in events. The whole family enjoys being down in the harbor, especially on those hot summer days in Ojai.

**BOB AND JEAN CACCIARELLI**

We found the Club to be a wonderful oasis during the Pandemic. We are enjoying the delicious food, beautiful view of the harbor and the welcoming nature of the members. We are both still working. We live in Valencia but my husband's business is located in Channel Islands. We have a Silverton 351 Motor Yacht 38' and enjoy overnight and extended cruises. We have 3 children: a daughter 36, son 28 and another son 25. We also have four grandchildren, ages 16, 15, 5 and 5. We are looking forward to meeting more new people with similar interests and cruising with PCYC.

**JILL AND ROB HARRISON**

We are Jill and Rob Harrison. We joined PCYC to meet new friends, enjoy the wonderful dining and look forward to all the social activities being back in full swing again! We have resided full-time in Bakersfield and spend much of our free time enjoying our family beach house around the corner from PCYC. As the nest has emptied and life slows down, we plan to spend the majority of our time living the beach life. We look forward to the next chapter of our lives and fun times at PCYC.

**SEAN & HOUSHIK KARAGOZ**

We have always loved this area and spend weekend stays quite regularly at our home on Romany Dr. Upon taking the 45 minute drive from the valley to Channel Islands, we feel like we have hopped on a plane and arrived at a completely different world. We couldn't be happier. Houshik is a pharmacist, who works at USC Keck Medical Center. She has reduced her hours at work to spend more time with our two kids: our son Daron, age 11 and our daughter Careen, age 7. My wife is very active and enjoys hiking the myriad of trails in the area. I occasionally accompany her. I am in construction and specialize in tools and supplies for the flooring and countertop industry. I do like racing but on land rather than water. I used to own a boat several years ago, and we occasionally consider getting another one, but it would probably be an electric boat. Joining PCYC will add to our enjoyment of coming here to our marina home.

**SANDY GREENLAND**

My parents, Bill and Betty Byron, have been long-time members of PCYC and so I decided to join too. I am working as a Quality Assurance Manager at Casa Pacifica Center for Children. I am very busy with my job and taking care of my granddaughter, Robin. Robin especially loves using the Club pool on weekends. We have also enjoyed take-out and meals at the Club since joining. I look forward to being able to spend more time at the Club and getting to meet more members.



## Summer Slam 2021 -Mike & Gina Haase



Hello fellow anglers -

It's that time of year again to get out on the water! It's time to get all of your fishing gear ready. Spring is here and things are looking up as long as the wind slows down. There has been some yellow tail and white sea bass caught out at Santa Cruz and Santa Rosa Island in the past few weeks. There has been squid around Santa Cruz and Santa Rosa Island.

We will begin our annual summer slam fishing tournament on June 1st and our last day of fishing will be October 20th. We will have a captains meeting on Saturday, May 15th at 5 o'clock in The Crows Nest upstairs. This is not a mandatory meeting but it's great to meet everyone. There will be applications and rules on the bulletin board by the men's restroom downstairs. You can drop them off at the front desk or contact us and will be happy to pick them up from you.

This year we're also looking at one day tournaments open for everyone whether you fish the Summer Slam or not. The upcoming tournaments will be for calico bass, a kid's tournament, ladies tournament and swordfish. We hope to see everyone out there! You do not need to be a great fisherman to participate in our fun! If you are interested and want to learn, we are all more than happy to help teach you what we may know and keep you in the loop where the fish may be.

See you on the water-Mike & Gina Haase (Tight Riv)

## NEW MEMBER INTERVIEWS CONTINUED



### CRAIG & STACIE MURPHY

We are Hollywood Beach residents. We have lived here since 2014, when we moved here from Las Vegas. Our daughter Katie is an aspiring art student. We enjoy all boating activities in our harbor, including cruising our electric boat and kayaking. We regularly go to the beach and collect sea glass and heart rocks. We are looking forward to our Club membership so we can meet new friends and learn how to sail.

### CHRISTEN & TIM DAYTON

We are very excited to take our family to brunch and dinner at PCYC. We also look forward to day or overnight boat trips to PCYC, since we live in Ventura Keys. We have a 47' Riviera sport fishing boat Squid Row and an 18' Duffy Marlin Club. Tim enjoys fishing and looks forward to PCYC sponsored fishing tournaments. As a family, we take trips to Catalina Island three or four times a year and we enjoy boat trips to Channel Islands Harbor and the Channel Islands. We have two girls, Ailish (4 years) and MacKenna (2 years). Our girls are excited to swim in the pool at the Club. They also love boating, swimming and overnight trips on the boat. We take the girls on the Duffy every weekend and cruise the Ventura Keys and Harbor.

### BILL AND LOUISE RIES

We are Bill and Louise Ries from Westlake Village and we have been sailors for over 30 years. We have been happy sailors because we never owned a boat, always bareboat chartered. As old sailors often do, we bought a trawler, GB 36, which is moored at Seabridge Marina. Having moved here from Chicago in 2010, we are now retired; Louise from education and Bill from healthcare management. Both our grown sons live in the LA area, an added benefit. As members of Westlake Yacht Club, we have enjoyed the food and hospitality of PCYC a number of times through reciprocity. We now look forward to being members and making new friends at PCYC in the years ahead.



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**CELEBRATE YOUR BIRTHDAY**

with

*Pacific Corinthian Yacht Club*

Celebrate your Birthday with dinner at PCYC. Each Regular Member will receive a free dessert, of Chef's choice, during their birthday month with the purchase of a main course dinner entree.

When making your reservation, please state that it is your birthday month, so our staff can be ready to serve you. No substitutions please. You can have your dinner at the Club or to-go. If your name is not on the May or June birthday or anniversary list below, please call the Club at 805-985-PCYC (7292) so we can update our records.

**HAPPY MAY BIRTHDAY FROM PCYC!**

Martha Baskerville, Brett Chapman, PJ Christoni, Don Dusette, Kelly Eriksson, Sandy Guglielmo, Eric Hermann, Patricia Hurley, Rita Jones, Harold McDonald, Carrie Meyers, Craig Murphy, Shawna Nelson, Logan Osland, Barry Paster, Cathy Perry, Louise Ries, Nichole Saslow, Stacey Schmitt, Jennifer Suleiman, Arlene Beckwith, Connie Young & Rich Yerkovich

**HAPPY JUNE BIRTHDAY FROM PCYC!**

Sandy Dal Pozzo, Jack Schular, Dan Dehner, John Gaddis, Debbie Gayhart, Bob Hansen, Brett Hawse, Beatrice Hernandez-Harinxma, James Jones, Werner Keller, Randy McElvain, Kelly Michon, Brad Plunkett, Kristie Jo Salmen, Janet Sandell, Casey Schneberg

**WISHING YOU A VERY HAPPY ANNIVERSARY FROM PCYC!**

PCYC Linda Masino or PCYC LaVella Consiglio has sent you an ecard

Look for Jacquie Lawson, the ecard company.

**MAY ANNIVERSARIES**

John & Betsy Bowers, Robert & Jean Cacciarelli, Henry & Shirley Goldman, Michael & Patricia Herson, Sean & Houshik Karagoz, Alex Namikas & Melody O'Leary Namikas, Craig & Stacie Murphy, Douglas & Juliana Wilson, Don & Brenda Yokaitis, Keith & Arlene Beckwith, Ray & Connie Young

**JUNE ANNIVERSARIES**

Marshall & Shar Behrman, Carol-Ann Coates & Gianni Zatta, John & Donna Gaddis, James & Sandy Dal Pozzo, Benjamin & Penny Fogel, Shepard & Ronni Goodman, Joseph & Lucinda Graziano, Roger & Eileen Hayne, Dieter & Cecilia Huckestein, Carl & Jan Jarrett



Fleet Health Advocate - Jan Losey

## **SAFETY IN THE HOME**

One of the most disastrous and destabilizing things that can happen to us in the home is falling. Grim statistics: More than 1 in 3 people age 65 and older fall each year; 1 of 5 falls causes a serious injury (such as a broken bone or head injury); and 6 of 10 of these falls happen at home! Some additional statistics from the CDC: ~36 million older adults fall each year with more than 32,000 deaths; ~3 million older adults are treated in ER's for a fall injury; each year at least 300,000 older people are hospitalized for hip fractures with more than 95% caused by falling – usually sideways.

Despite the statistics, falls are NOT a normal part of aging. There is much that can be done pro-actively to prevent falls and their negative consequences. And one of these negative consequences is the fear of falling itself, which can cause people to withdraw physically from doing healthy activities and socially, withdrawing from interaction with their peers/family. So, let's look at the things we can do in our homes to help keep ourselves safe.

- An obvious step is to keep walkways clear – no piles of newspapers/magazines/etc. to go over or around or slipping on when you suddenly get up to go to the door or phone. And not leaving other objects such as vacuums, shoes/slippers, toys, piano benches in walkways where they can be encountered unexpectedly. Do a sweep of the house prior to going to bed to make sure nothing is out there, lurking in the dark. This is especially important in the walkway between bed and bathroom! Throw rugs can be a hazard as well. And pets are another issue- make sure your way is clear of those "love muffins" before you get up and move.
- Have lights available for night trips – always put a light on for last-minute trips to the kitchen for the glass of water, night lights in the bathroom, a flashlight in reach from the bed in case of power outage, cell phone handy.
- Do NOT climb up on things (ladders, chairs, stools) to reach/arrange/clean/change light bulbs without someone immediately present to steady you in case of loss of balance, and NOT AT ALL if you have any balance issues!
- When you stand up (and this is especially important if you have been sitting for long), don't just immediately charge off (even if the doorbell or phone are ringing). Stand all the way up to full height and make sure everything is working and that you have balance (no dizziness) before you take off. It is a good habit now to keep your cell phone in reach to avoid such dashes.
- Make sure you have good footwear on. Some slippers and socks alone can be hazardous on slippery surfaces.
- Have grab rails at your steps/stairs and use them as you ascend/descend, especially if you are carrying a load and keep it to the side so you can visualize the steps.
- Have grab bars in the bathroom and anti-slip mats or stripping on floor in tubs/showers.
- All that we mentioned in the last issue – staying active, maintaining strength/agility/balance.

Hope this gives much for thought and planning. With you in Wellness!

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## Opening Day 2021- Nancy Skidmore

Our PCYC Opening Day weekend was spectacular in spite of the current restrictions prohibiting much of the traditional ceremonial fanfare that we're accustomed to.

Historically, Opening Day is a celebration that kicks off the annual boating season. It's a chance for club members to deck themselves out in spring formal yachting attire of white and navy, enjoy club camaraderie, and welcome in new members.

Thanks to our dedicated committee members, the club was fully decked out with red, orange and yellow balloons and a proud display of flags on the mast. Beginning with a savory pot roast dinner on Saturday night, followed by the well attended boat parade through the channel alongside our neighboring yacht clubs. We convened at PCYC for lunch, music on the deck and recognition of the boat parade participants.

It was a beautiful day on the Oxnard Channel and at the PCYC club! How wonderful to see so many smiling faces! With heartfelt appreciation for making this a memorable day, I thank our gracious Commodore boat hosts, Bob and Annie Dalby; and Fleet Captains Connie Sedaca and Karen Lorenzen for their support on the water; Port Captain, Al Lorenzen; Club Officer of the Day, Tony Suleiman, and all of the committee members who gave freely of their time and talent in orchestrating the day's events at the club. A big thank you to the Decorations Committee, co-chaired by Doris Melillo and Karen Lorenzen, assisted by Jules Melillo, Doc Bandy, Tom and Barbara Quigan, Susan Peck, Casey Schneberg, Kate Thompson, Susan Klein, our Club GM, Don Meyers, Assistant GM, Micki Spoon, Front Desk Lisa Crismon, and Staff, Victor Arevalo and Jose Sierra; our chef, servers, and our coveted club members that make ours a premier yacht club. I thank each and every one of you for a most enjoyable Opening Day!

With sincere appreciation,  
Nancy Skidmore



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# *Pacific Corinthian Yacht Club*

## **LIMITED TIME MEMBERSHIP OFFER** **NEW PROGRAM!**

PCYC and the Membership Committee are continuing to offer a reduced initiation fee until the end of May. Invite your family, friends, and neighbors to take advantage of this special membership offer!

\$1200 Initiation Fee\* (formerly \$3,500)

Deadline for sign up is May 31, 2021

The Club is currently open for 50% indoor dining, outdoor dining, and take-out from Wednesdays through Sundays. We expect to expand offerings as California changes the rules on June 15th. We are also planning more on-the-water and social activities for later in the year.

If you know someone who may be interested, please have them contact the General Manager, Don Meyers at 805 985 PCYC (7292) to arrange for a tour of our Club or to pick up an application.

\*Conditions that apply:

This membership cannot be sold or transferred. If you were to resign from the Club, you would not be able to reinstate your membership without paying the initiation fee in effect at that time. The Regular Membership monthly dues are currently \$230. Once the Board reinstates the food and beverage bi monthly minimums, you will be required to spend a determined amount for food and drinks.

Note: The initiation fee will return to \$3500 when we can resume more normal Club activities.



*Pacific Corinthian Yacht Club*

**2600 Harbor Blvd, Oxnard CA 93035**

**(805) 985-7292**

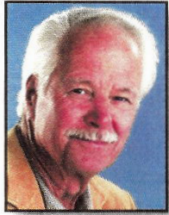
You are cordially invited to tour PCYC and find out about our limited time membership offer. Call for an appointment and enjoy a complementary drink!

Invited by: \_\_\_\_\_

*Mask & temperature check required.*



PCYC Member for 40 Years



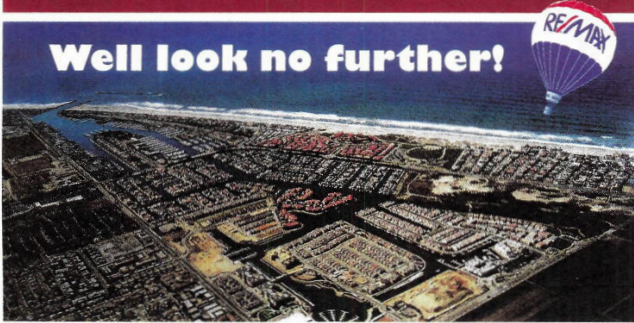
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