

Pacific Corinthian Yacht Club

 *Periplus*

July 2021

Vol. XLV Issue IV



44th McNish Classic Yacht Race



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Meaning of Periplus

The word periplus stems from Greek, meaning 'journey' and also means a circumnavigation or sea voyage around a coastline. The use of a periplus, or journal, dates back to the second century and was a document listing in order, the ports and coastal landmarks, with approximate intervening distances, that the captain of a vessel could expect to find along a shore. In that sense the periplus was a type of log, similar to the modern day ship's log.

We use the term for our Club newsletter since it is the documentation of our travels at the Club and offshore and provides a historical record for us to reminisce and share with others. It is our shared and unique history as club members.

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Pacific Corinthian Yacht Club

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Commodore Jack Skidmore
 Vice Commodore Ilene Sheldon
 Rear Commodore Jack Schuler
 Secretary Martha Baskerville
 Treasurer.....Robert Alexander
 Jr. Staff Commodore..... John Gaddis

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 Fleet Captain SailConnie Sedacca

Fleet Captain ElectricKaren Lorenzen
 Fleet Captain Capri FleetBill Schneburg
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 Judge Advocate Craig Laidig
 Fleet Health AdvocateJan Losey
 PCYF President Tom Shideler

PCYC Contacts

General Manager Don Meyers
 GM@pcyc.org
 Front Desk frontdesk@pcyc.org
 Controller Peng Chew Oon
 controller@pcyc.org
 Periplus Marsha Landreth
 mlrs4742@gmail.com

Periplus Staff

Martha Baskerville, Miki Spoon, John Gaddis
 Website www.pcyc.org.



Commodore - Jack Skidmore
born2lend@yahoo.com

The PCYC goal this year is "Fun on the water!" which was accomplished in June with our first sailing race. More sailing races are to follow. We thank the many participants and congratulate the winners! And next our young sailors will soon be on the water thanks to PCYF, as they learn the necessary skills for safe boating.

We welcome our many new members and look forward to their active participation in Club activities. Social activities have been sidelined but are going to take off soon. Our calendar meeting allowed us to set aside dates for etching social events. Details of these upcoming events are being finalized to assure compliance with the revised COVID guidelines announced in June.

A new member "WELCOME" event is planned for July and another for August. September events include our annual "Rock the Dock" and a fun filled Commodore's Ball with the theme "Monte Carlo"- An Evening of Elegance.

Our objective is both to have fun on the water and in the Club. The monthly social activities are supplemented with Special Events. Get ready to attend the annual "Change of Watch" in December, an opportunity to celebrate the new Bridge and Board.

Keep abreast of the fun social activities at the Club via the Periplus. Nancy and I look forward to seeing you at the PCYC events.

Special Events 2021 – Nancy Skidmore

SAVE THE DATES!

Get ready for some evening fun in our Dining Room with great entertainment, dancing and exquisite dining in the PCYC tradition! Let's make some noise on the PCYC dance floor!

Saturday, September 18th

Commodore's Ball: Monte Carlo - An Evening of Elegance

Saturday, December 4th

Change of Watch: A Club Tradition – Official Appointment of the PCYC Board and Club Officers

Friday, December 31st

New Year's Eve – Welcome Aboard to the PCYC Cruise Ship!

Our Special Events Committee is busy planning for the enjoyment of our club members and their guests. If you're interested in helping us with any or all of these events, please contact:

Nancy Skidmore 818-400-0654 nancyskidmore2020@gmail.com More details to follow



Vice Commodore - Ilene Sheldon
ims@hmplc.com

Memorial Day 2021 was a great weekend at the Club. It's hard to believe it has come and gone. Here we are in mid-June and summer is almost here! We are looking forward to a fun filled summer at PCYC.

The House Committee continues to vet contractors for the deck. We are scheduling inspections of the workmanship and product by some of the contractors before making any decision. We are getting estimates to either repair or replace the guest door which is in disrepair. We are working to make sure the Club is in tip-top shape.

Food and Beverage continues to update our menu. You can place any suggestions you may have for the menu in the suggestion box at the Front Desk.

We are getting close to fully opening up after this difficult time, and the Club needs volunteers. If you would like to volunteer, please contact the Front Desk.

We have openings for Officer of the Day on Friday evenings. It's fun to say "hello" to our fellow members, catch up with old friends and make new friends as we begin the weekend! If you would like to volunteer and learn more about it, please give me a call (818) 259-1113.

Looking forward to seeing y'all at the Club.

Ilene

ATTENTION ALL MEMBERS



Please submit member photos with your PCYC burgee or apparel while hanging out on your boat or traveling abroad! Boating Pet photos are welcome too! This member photo was taken at the 2021 McCune race.

THANK YOU to Robert and Angie Alexander on their boat Life Aquatic along with the race committee.



Rear Commodore - Jack Schuler
jackschuler@aol.com

The PCYC Social Season is moving full steam ahead with a lineup of exciting parties and events planned for the rest of the year. Thank you to all of the long time members who have volunteered to make this year memorable. And special thanks to all of the new members who attended the New Member Social Committee Orientation on June 19th! I had the pleasure of meeting them and their enthusiasm for getting involved and making their experience at PCYC a great one was contagious! The new members in attendance were Laurie Lipton-Lyons, Beth Hickman, Sam Albright, Cindy Zarubica, Marilyn Miravete-Smith, Janina Szczechowicz, Alexa Garfunkel, Jim Klein, Lorriaine Salvatore, Atty Castle-Olivas, Beverly Woodgrift, Jill Hopper, Luc Desmarchelier, Cathy Smith and Rebecca Barnhardt. They were "orientated" by long term Social Committee volunteers Jan Losey, Karen Lorenzen, Doris Melillo and Social Chairperson Donna Gaddis.

Their first event will be the Summer Bash on July 17th. The new committee unanimously voted that a casual island themed party with live music and dancing was just what was needed for the first event. And yes...if you still want to be involved in this excitement, please let me know. This group is open to new ideas and an exciting year. I am looking forward to seeing you on the dance floor!



PCYC Social Committee New Member Attendees

PCYC
SUMMER BASH

Great Food
 Live Entertainment
 Island Vibes

Saturday July 17, 2021
 6:00-10:00pm

\$32.95++ Member Price

RSVP 805-985-7292



Jr. Staff Commodore - John Gaddis

Nominating Committee

Have you ever wondered how PCYC is governed? Do you believe you have what it takes to usher PCYC into a new and sustainable Yacht Club for many generations to come? Is your love of sailing, fishing, boating, and social activities very important to your life? Do you enjoy meeting new people and building life long friendships? If you answered yes to these questions - you are an excellent candidate for the PCYC 2022-2023 Board of Directors. Per the PCYC Bylaws, the nominating committee is currently accepting applications for interviews and possible selection to the Board.

Your expertise and experience can make all the difference in an incredible experience. Please pick up your application at the front desk or email me at jphnwgaddis@gmail.com. Applications are due to the Nominating Committee by July 31,2021. Thank you for considering to serve!

44th McNish Classic Yacht Race
SATURDAY JULY 31, 2021

Taco Bar Gathering
Friday 6pm-7:30pm
Awards Ceremony Bill's Bar

Celebrating the 90th Birthday of Cheerio II



Membership Chair - S/C Patty McInnes

MEMBERSHIP REPORT

Apologies to those who have been missed on earlier Birthay/Anniversary lists. It has been a data sorting problem that we think is now solved. Please dont take any ommission personally. If you are missed in the future, please let us know, so we can correct any remaining problems.

If you didn't enter your birthday or anniveresary on your application, it will not be in the data base, but you can call or email the Accounting office to add information at 805 984-8205.

NEW INIATION FEE!

From June 1 to July 31st, our Membership Initiation fee will be \$1300!

Let your friends and neighbors know about our new promotion and have them call for an appointment to tour the Club. Its a great time to join PCYC to participate in the many activitiees being planned for the summer months and to enjoy our wonderful indoor and outdoor dining at the Club. Our General Manager, Don Meyers, can be reached at 805-985-PCYC (7292).

WELCOME NEW MEMBERS

WELCOME to our new and rejoining members who have joined the Club between mid-April and the Board of Directors meeting on June 17th. The new members are listed in the order they applied.

Steve and Angela White, George Bregante and Patricia Vakovsky, Lori Oneil and Kier Shapiro, Mark and Jamie Rodriguez, Lowell Easley, Jason and Lorryne Burns, John Lang and Adrienne Paterson, Sam Wolfe and Sally Lefton Wolfe, John & Kim Tonge, Laura Dietz & Jim Brown, Roger and Louise Tonin, Stewart Lyons & Laurie Lipton, Christy Newquist, Bruce & Trisha Shapiro, Doug & Melinda Horwith, Bruno and Ellen Tonin, John Semedik & Beth Hickman, Doug & Jane Smith, Mark & Jeri Roysner, Brian & Dee Kelley, Jill Hopper & Luc Desmarchelier, Steve & Kellie Morse, Sam Albright & Cindy Zarubica, Bernie Blau & Susie Friedman, Wally & Kay Richards, Hana Brown, Dan & Janine Jones, Connie & Robert Haegy, Pame Carrasco, Beverly Woodgrift, Bonnie McKenna, Sparky & Pam Miller, Vanessa & Vasily Belozeroff, Paul & Janet Camarata, Sig & Rima Raulinaitis, Cathy Smith and Rebecca Barnhardt, Don & Grace Gehman, Richard & Avon Neugebauer



Fleet Health Advocate - Jan Losey

POSTURAL HABITS

There are all sorts of habits – habits of eating, sleeping, exercise, reading, work, dress, play drinking, spending ... and the list goes on. Habits can make life easier for us in a way, because we don't have to think as much about what is habitual. But there are good habits and bad habits. In this article, I would like to introduce the concept of "postural awareness"

Most of us don't go around analyzing how we are sitting, standing or walking. And we don't really WANT to be hyper-aware of that ALL the time. But it does benefit us to become aware of how we are using our bodies as we go through the normal activities of every day. Only by becoming aware of the postures we habitually use for various activities can we make changes that protect us from unnecessary wear and tear on joints/ligaments/tendons/muscles and actually strengthen and invigorate us. A bit later this year, as the club opens up a bit more for group activities/gatherings, I hope to do a presentation I call "Stack Yours Blocks", which is about postural awareness and how to incorporate that into our daily activities. But for starters right now I would like to encourage you to (at least 2 x /day, better 3-5) think of 2 parts of your anatomy – one is your shoulder blades, the other is your gluteus maximus. (1) Think of bringing your shoulder blades together in the back and count out loud to 5 slowly. You can do this sitting in your car at a light, standing in line at the bank, sitting at the computer. (2) Tighten your "buns" and again hold for an out loud count to 5. The "out loud" part is to help keep you from holding your breath. Again you can do this standing putting gas in your car, standing at kitchen sink, etc. A big benefit of "bun-tightening" is that our deep abdominals and glutes are neurologically interconnected so that when you tighten your glutes the abs come in without your having to think about it! Be mindful to only do this within your comfort level and with mindfulness of any specific limitations you may have.

Again, I would like to encourage you to take advantage of the Zoom yoga classes on Tues & Thurs mornings from 8:30-9:30, taught by Nathan Holden; this really helps with postural awareness; contact me for details at jmlosey71@gmail.com. I also am still looking for ideas of topics in a health direction that you might be interested in. I am also interested in knowing if there are enough folks who would be interested in having a CPR class at the club; again please contact me.

With you in wellness – and Happy End of the Tier System!! I look forward to seeing all of you on the water and in the club!



Pacific Corinthian Youth Foundation - S/C Tom Shideler
shideler1@gmail.com

This article is being written on Sunday, June 13. The first day of the 2021 PCYF Summer Sailing Camp is tomorrow. We were not able to announce the decision to go ahead with the program until April 21. What a scramble this has been! The work of the PCYF Board and other volunteers has been excellent. Today, Sea Scout Ship 9201 and their adult staff finished cleaning all the boats and getting the last two safety boats in the water and operational. Attached are photos of this activity.

With the challenge of COVID and not being able to have the program in 2020, we were not sure what to expect this year. We reduced our planning from 30 students per session for the four sessions to 25 students per session. What we learned is that parents have really been looking forward to getting the kids out of the house and doing something. As of today, we have 85 students scheduled with vacancies only in the last two sessions.

In addition to offering some scholarships, we intentionally keep our fees low to make the two-week camp affordable. Your financial support is always appreciated.

We hope you enjoy seeing the kids back on the water.

PCYF ON THE WATER





PCYC On The Water

Fleet Captain Sail - Connie Sedacca

McCune Cheeseburgers in Paradise was indeed a race taking place in our beautiful Channel Islands Paradise. We celebrated well with our club members who enjoyed the cheeseburgers and margaritas. Thanks to Jan Losey for putting together a fun party.

The weather was sunny and perfect for a comfortable sail. Marley Yokaitis and her race committee performed beautifully and ran a good race. Thanks to our host boat, chase boat, PROs, and race committee for a job well done.

The next race on our schedule will be a special overnight race called Santa Cruz Sprint. We race to Smugglers Cove Saturday July 10 for an overnight and socializing with our power boaters who will have cruised over for the weekend. We then race on Sunday July 11 back to our harbor to celebrate a fun weekend.

Connie Sedacca

PCYC ELECTRIC BOAT ROUNDUP

Save the Date - Saturday August 21st at 4:00 PM

Finally, time for an electric boat party! We can gather up our covered wagons and head out to play poker on the water. After getting your best poker hand it will be time to head back to the barn for a chuck wagon dinner, Western band, and dancing. Prizes will be awarded for the best poker hands. So gather up some ranch hands, and possibly some new members, and head out for the fun!

SC Karen Lorenzen (Fleet Captain Electric)

Summer Slam 2021 -Mike & Gina Haase

Summer is here and the fishing is on fire! The white sea bass and yellow tail are going full speed at Anacapa and Santa Cruz Islands. If the wind stops for a bit, we are sure Santa Rosa Island will have a ton of fish as well. Waiting for the big halibut. The board is starting to fill up with sea-bass, yellowtail, and calico. Time to get out there and get the big one so we can add your name up on the board.

This year is our biggest year ever; we have 20 boats fishing the tournament. If any new members would like to sign up for the tournament, there is still time. Please don't hesitate to contact us. Have a great summer and we hope to see you on the water!

Mike and Gina - Tight Riv



JULY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 12:00p Ladies Book Grp CN 3:00p Advance Bridge CN 4:00p Thirsty Thursday BB	2 11:30 Mahjong MDR 3:00p New Player Bridge CN	3
4 Forth of July Holiday 3:00p Rummikub MDR	5 CLOSED	6 CLOSED	7 2:30p Ladies Bridge CN 4:00p Wine Wednesday	8 3:00p Advance Bridge CN 4:00p Thirsty Thursday BB	9 11:30 Mahjong MDR 3:00p New Player Bridge CN	10 9:30a Skippers Meeting 12:00p Santa Cruz Sprint
11 3:00p Rummikub MDR 4:30p Santa Cruz Sprint's Awards & Race Reception	12 CLOSED	13 CLOSED	14 10:30a Republican Women 2:30p Ladies Bridge CN 4:00p Wine Wednesday	15 3:00p Advance Bridge CN 4:00p Thirsty Thursday BB 4:30p Marina Meeting 6:00p Board Meeting	16 11:30 Mahjong MDR 3:00p New Player Bridge CN	17 6:00p Summer Bash MDR
18 3:00p Rummikub MDR	19 CLOSED	20 CLOSED	21 2:30p Ladies Bridge CN 4:00p Wine Wednesday	22 11:00a Gulls Meeting 3:00p Advance Bridge CN 4:00p Thirsty Thursday BB	23 11:30 Mahjong MDR 3:00p New Player Bridge CN	24
25 3:00p Rummikub MDR	26 CLOSED	27 CLOSED	28 2:30p Ladies Bridge CN 4:00p Wine Wednesday Republican Women Dinner MDR	29 3:00p Advance Bridge CN 4:00p Thirsty Thursday BB	30 11:30 Mahjong MDR 3:00p New Player Bridge CN	31 McNish Classic 9:30a Skippers Meeting 10:00a Coffee w/Commodores McNish Awards BB

KEY: MDR - Main Dining Room
BR - Board Room
P - Pool & Pool Patio

BB - Bill's Bar
CN - Crows Nest
BP - Bill's Bar Deck

MO - Marina Office
D - Dock



AUGUST 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 3:00p Rummikub MDR	2 CLOSED	3 CLOSED	4 2:30p Ladies Bridge CN 4:00p Wine Wednesday	5 12:00p Ladies Book Grp CN 3:00p Advance Bridge CN 4:00p Thirsty Thursday BB	6 11:30 Mahjong MDR 3:00p New Player Bridge CN	7
8 12:00p PCYF Awards Banquet MDR 3:00p Rummikub MDR	9 CLOSED	10 CLOSED	11 2:30p Ladies Bridge CN 4:00p Wine Wednesday	12 3:00p Advance Bridge CN 4:00p Thirsty Thursday BB	13 11:30 Mahjong MDR 3:00p New Player Bridge CN 5:00p New Member Event	14 4:00p Happy Hour
15 3:00p Rummikub MDR	16 CLOSED	17 CLOSED	18 10:30a Republican Women 2:30p Ladies Bridge CN 4:00p Wine Wednesday	19 3:00p Advance Bridge CN 4:00p Thirsty Thursday BB 4:30p Marina Meeting 6:00p Board Meeting	20 11:30 Mahjong MDR 3:00p New Player Bridge CN 6:00p Quarterly Meeting MDR	21 Western Electric Boat Event
22 3:00p Rummikub MDR	23 CLOSED	24 CLOSED	25 2:30p Ladies Bridge CN 4:00p Wine Wednesday	26 11:00a Gulls Meeting 3:00p Advance Bridge CN 4:00p Thirsty Thursday BB	27 11:30 Mahjong MDR 3:00p New Player Bridge CN	28 10:00a Coffee w/Commodores 6:00p Social Celebration MDR
29 3:00p Rummikub MDR	30 CLOSED	31 CLOSED				



KEY: MDR - Main Dining Room
BR - Board Room
P - Pool & Pool Patio

BB - Bill's Bar
CN - Crows Nest
BP - Bill's Bar Deck

MO - Marina Office
D - Dock

**CELEBRATE YOUR BIRTHDAY
with**



Pacific Corinthian Yacht Club

Celebrate your Birthday with dinner at PCYC. Each Regular Member will receive a free dessert, of Chef's choice, during their birthday month with the purchase of a main course dinner entree.

When making your reservation, please state that it is your birthday month, so our staff can be ready to serve you. No substitutions please. You can have your dinner at the Club or to-go. If your name was missing from the May or June birthday or anniversary lists, or if it is missing from the July lists below, please call the Club at 805-985-PCYC (7292) so we can update our records.

HAPPY JULY BIRTHDAY FROM PCYC!

Angie Alexander, Tracy Adams, Robert Barnes, Chris Brown, Atty Castle-Olivas, Stephen Christie, Kym Citera, Christen Dayton, David DePinto, Luc Desmarchelier, Guanda Dusetta, Harold Edwards, Rita Emerson, Matt Epstein, Adry Ezcurra, Jim Ferraro, Benjamin Fogel, Don Gehman, Kenneth Gorelick, Tatiana Hopps, Don Hoover, Ann Howarth, Douglas Horwith, Jane Kaplan, James Krauskopf, Julia Lang, Jo Ann Linder, Yolanda McCune, Tracy McFadden, Peter Poulson, Kathy Raduenz, James Rauber, Wally Richards, Claudio Sandoval, Debbie Simpson, Tom Shideler, Rebecca Shreve, Helena Soler, Jeffrey Sukay, Ronald Tegland, Rosemary Tobin, Kim Tonge, Bruno Tonin, Trisha Vernon, Marty Walsh, David Wolf

WISHING YOU A VERY HAPPY ANNIVERSARY FROM PCYC!

*PCYC Linda Masino or PCYC LaVella Consiglio has sent you an ecard
Look for Jacquie Lawson, the ecard company.*

James & Mary Baldwin, Terry & Charlotte Campbell, Brett & Julie Chapman, Wyman & Marianne Dunford, Craig & Lisa Eichman, Abraham & Christine Eykjian, John & Vicky Fase, Fred & Sandy Garone, Robert & Connie Heagy, Benjamin & Sandra Hopps, Thomas & Alice Kearney, Tommy & Linda Lee, Allan & Karla Michaels, Jim & Jeanette Pensinger, Tom & Barbara Quigan, Randy & Teri Rehder, John & Debbie Simpson, Howard & Shirley Tanner, Darrell & Kate Thompson, Scott & Stacy Von Lanken

2021 McCUNE RACE



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Pacific Corinthian Yacht Club

LIMITED TIME MEMBERSHIP OFFER **NEW PROGRAM!**

PCYC and the Membership Committee are continuing to offer a reduced initiation fee until the end of July. Invite your family, friends, and neighbors to take advantage of this special membership offer!

\$1300 Initiation Fee* (formerly \$3,500)

Deadline for sign up is July 31, 2021

The Club is currently open for indoor dining, outdoor dining, and take-out from Wednesdays through Sundays. We have expanded our offerings as California changed the rules on June 15th. We are also planning more on-the-water and social activities for later in the year.

If you know someone who may be interested, please have them contact the General Manager, Don Meyers at 805 985 PCYC (7292) to arrange for a tour of our Club or to pick up an application.

*Conditions that apply:

This membership cannot be sold or transferred. If you were to resign from the Club, you would not be able to reinstate your membership without paying the initiation fee in effect at that time. The Regular Membership monthly dues are currently \$230. Once the Board reinstates the food and beverage bi monthly minimums, you will be required to spend a determined amount for food and drinks.

Note: The initiation fee will return to \$3500 when we can resume more normal Club activities.



Pacific Corinthian Yacht Club

2600 Harbor Blvd, Oxnard CA 93035

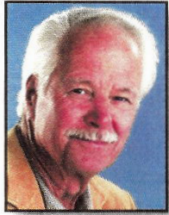
(805) 985-7292

You are cordially invited to tour PCYC and find out about our limited time membership offer. Call for an appointment and enjoy a complementary drink!

Invited by: _____



PCYC Member for 40 Years



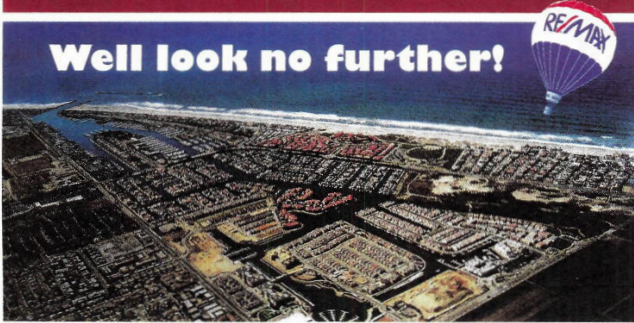
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